

## Weekly Sessions:

In February we will continue with our **Danceboogiefit Sessions** on Saturdays from 1.45-2.45pm. We will continue with our **Children Multi-Sport Fun Session** on Saturdays, 2.30-3.30pm, and our new **Chill Out Club** Saturdays, 3.30-4.30pm. Our **Adult Multi-Sports Session** are Sundays, 1-4pm. We also have a **Danceboogiefit Session** on Fridays 10-11am at Lenzie Old Parish Church. Don't forget to check out our **Facebook page** for weekly updates and clips from the sessions!

## The Sporting Aces Chill Out Club:

The Sporting Aces is so excited to announce our **new session**, a Saturday afternoon **Chill Out Club** from 3.30-4.30pm. This session is open to **everyone aged 5 and over** and it is an opportunity to unwind and socialise. We will have **arts and crafts** and **board games** for everyone to enjoy. You can also bring along any activities you would like to do.



## The Sporting Aces Bowling Night:

The Sporting Aces is delighted to invite you to our **Bowling Night** on **Monday 6<sup>th</sup> March, 6-8pm**. The event will take place at **Kirky Bowl**, Kirkintilloch. The event is free of charge and will include **1 game of bowling, food, and diluting juice**. Family members and/or carers are welcome too.



## Sponsorships:

The Sporting Aces would like to say a massive thank you to **CODA Estates** and **Kyle Financial Limited** for their ongoing sponsorship.

If you are a local business who would like to hear more about our **new sponsorship scheme**, then please email [office.thesportingaces@yahoo.com](mailto:office.thesportingaces@yahoo.com).

## Brad's Story.....

Hi, my name is Brad and I'm 18 years old. I have been volunteering with The Sporting Aces for almost 2 years now and continue to love it. I initially started volunteering at the organisation as an opportunity to enhance my University Application but I continued to volunteer as it found it so rewarding and enjoyable. I feel that The Sporting Aces has not only given me the chance to help others but allowed me to grow and become more confident in myself. I look forward to the sessions and socialising with the players every week!

I am currently in my first year at the University of Glasgow where I study Pharmacology. In my spare time, I like to play football and I currently play for St. Mungo's U21's which is a local team. I also enjoy watching movies in my free time, these range all the way from comedies to horrors. On the weekends, I deliver fresh morning rolls and scones to people in my local area which is a business I set up and have been doing now for around 4 years. Video games have always been a passion of mine and I continue to play them with my friends in my spare time. My favourites are FIFA, Call of Duty and Minecraft.

The Sporting Aces receives a number of grants from various funding bodies, and we regularly apply for funding on an ongoing basis. However, our current income is not enough to cover our full running costs, and to allow us to continue to run all of our free weekly sessions. If you would like to help The Sporting Aces, then why not become a **Friend of The Sporting Aces?**

In exchange for a monthly donation of your choice, you will receive electronic **monthly newsletters** telling you what we have been up to, invitations to our **charity events**, and one of our **limited edition The Sporting Aces mugs**. Please contact [office.thesportingaces@yahoo.com](mailto:office.thesportingaces@yahoo.com) for more information.