



Summer Camp:

WERI

We are excited to announce that our **Summer Camps** have started! Our camps are: Mondays at 10am – 12 noon for under 10's, Wednesdays at 10am – 12 noon for over 10's, and Fridays at 10am – 12 noon for all ages, and which includes Dance Boogie Fit. If you would like to attend, just let Dion know on dion.thesportingaces@yahoo.com

Start of Summer Camp:

Our Summer Camp Sessions started last week, and it was so exciting to see all of our new and current participants. We hope everyone had a great time and we are all looking forward to the rest of the summer!



<u>M&Ds Trip:</u>

We have also started our **Summer Day Out** trips for our participants aged 16 and over. Our first trip was to **M&Ds** for **crazy golf**, **lunch at Monteray Jacks**, and an afternoon on the **fairground rides** finishing with a good soaking on the **water rides**. We are so grateful that these trips have been funded by a Community Mental Health and Wellbeing Grant and we can't wait for the next trip!



Sponsorships:

The Sporting Aces would like to say a massive thank you to **CODA Estates** for their ongoing sponsorship.

If you are a local business who would like to hear more about our **new sponsorship scheme**, then please email <u>office.thesportingaces@yahoo.com</u>.





July 2023



Katie's Story.....



Hi my name is Katie Miller. I have been a trainee volunteer at Sporting Aces since April 2022. The reason I started volunteering with SA is because I enjoy the varied sports we do and love to help others be included and be part of one, big team.

I enjoy the Easter and Summer camps – I like working with the younger participants at the camps as they enjoy the games and activities so much and it is lovely to see them laugh. I also take part in events that I wouldn't do on my own, like the Santa Dash and the Kilt Walk, as we all encourage each other ... it is also fun travelling on the bus and stopping at cafes together. I am about to start S5 at Balfron High School, having just finished my exams.

My main hobby is trampolining, I am a member of Sparta Trampolining Club, where I train 2-3 times a week and compete against other clubs throughout the year. During my chilling time I love to sing, play on my play station and I also like experimenting with hair and make up.

Hopefully one day I will become a volunteer at SA – I am learning the ropes at the moment, which is a great experience.

The Sporting Aces receives a number of grants from various funding bodies, and we regularly apply for funding on an ongoing basis. However, our current income is not enough to cover our full running costs, and to allow us to continue to run all of our free weekly sessions. If you would like to help The Sporting Aces, then why not become a Friend of The Sporting Aces?

In exchange for a monthly donation of your choice, you will receive electronic **newsletters** telling you what we have been up to, invitations to our **charity events**, and one of our **limited edition The Sporting Aces mugs**. Please contact <u>office.thesportingaces@yahoo.com</u> for more information.

